

JUNE, 2025

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EDITION, 4

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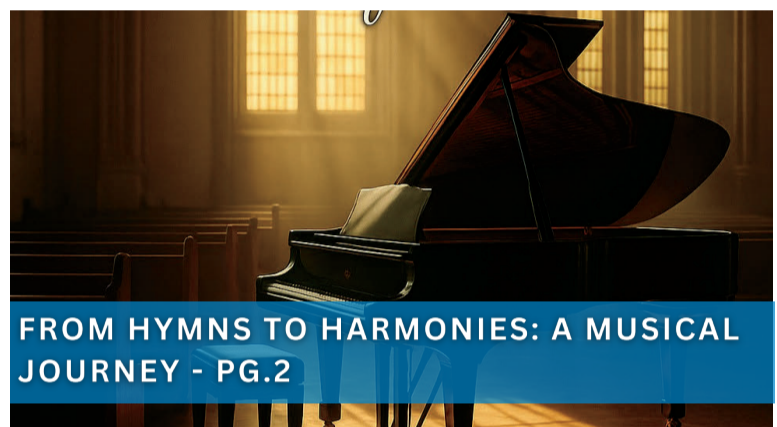
YOUR WHERE TO GO FOR EVERYTHING YOU NEED

TAKING CENTER STAGE  
THIS WINTER

## AIP & LAP



TWO UNMISSABLE WINTER STAGE  
SHOWS - PG.4



FROM HYMNS TO HARMONIES: A MUSICAL  
JOURNEY - PG.2



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### DAYS FOR YOUTH

FUELING CHANGE: HEART FM'S 16 DAYS OF  
YOUTH TAKES ACTION - PG.6



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MEET LESTER LE ROUX: BRINGING MUSIC TO LIFE THROUGH EDUCATION, PERFORMANCE, AND INNOVATION

FROM HEARTFELT HYMN ARRANGEMENTS TO ORCHESTRAL SCHOOL ANTHEMS, LESTER’S MUSIC IS WHERE ARTISTRY MEETS PURPOSE.

Written by Lamees, May

Lester Le Roux isn’t just playing notes—he’s shaping moments, minds, and musical landscapes. As a pianist, arranger, and educator, his work lives at the intersection of excellence and meaning.

Through his website, [www.lesterlerouxmusic.com](http://www.lesterlerouxmusic.com), Lester offers beautifully arranged sheet music for hymns, Christmas carols, and film themes—beloved by pianists across the world. *His Hymns for Piano and Christmas Carols for the Intermediate Pianist* books are favourites for their musical integrity and emotional depth.

On YouTube, his **Christian Piano Arrangements** channel showcases cinematic, expressive performances—like *Blessed Assurance* and *Moon River*—often accompanied by on-screen sheet music for easy learning and inspiration.

In 2021, he launched **School Song Orchestrations**, elevating traditional school anthems with rich, professional orchestral backing. His work is now heard in assemblies and graduations across continents.

As **Director of Arts and Culture at Camps Bay Primary**, Lester leads with vision, ensuring that the arts are vibrant, inclusive, and transformative for every student.

With nearly two decades of international teaching experience and a background in piano performance, Lester continues to inspire through every note, every class, and every composition.


**Lester Le Roux: Making music matter.**



Follow Lester’s musical journey:

-  Facebook: Lester Le Roux
-  YouTube: Christian Piano Arrangements

*Let the music move you.*



## Happy Father's Day

**A Salute to Fathers – Strength, Spirit, and Silent Sacrifice**

**Director's Note**

As we look ahead to Father’s Day in June, I salute the fathers and father figures who lead with quiet strength and unwavering love. As a father of two, I know it's not about perfection—but presence, purpose, and patience.

To all the dads who show up, support, and sacrifice: your impact is lasting, and your love is deeply valued.

*Alistair Izobell* – Creative Director

# WAIT!

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## REAL TALK, BIG LAUGHS: TWO UNMISSABLE WINTER STAGE SHOWS

### THIS WINTER, ALISTAIR AND LOUKMAAN TAKE THE STAGE IN A HILARIOUS AND HEARTFELT REFLECTION ON 42 YEARS OF FRIENDSHIP, MUSIC, AND MISSTEPS.

After 42 years of friendship and working side by side, *Alistair* and *Loukmaan* invite you to join them for an unforgettable journey through time – full of laughter, music, and honest reflections on life’s twists and turns.

**This July**, from the **1st** to the **5th**, experience a heartfelt and hilarious conversation between two lifelong friends who are gracefully embracing the changes that come with getting older. The jumps might not be as high, the songs a little shorter, and memories a bit hazy, but the warmth and humor remain as strong as ever.

Together, *Alistair* and *Loukmaan* look back on their extraordinary 42-year story – the good, the bad, and the downright messy moments – with wit and wisdom that will have you laughing out loud and nodding in recognition. It’s a show about friendship, life choices, and accepting the beautiful messiness of it all.

Don’t miss this chance to see two grown men share their unique bond and stories in a performance that promises to be both touching and laugh-a-minute fun.



Dates: 1 – 5 July 2025

Tickets: Available now at [Webtickets](https://www.webtickets.co.za)

### CAPE TOWN’S SOLD-OUT HIT SHOW, *WTF WAS THAT?* TAKES TO THE ROAD!

After a sold-out run in Cape Town that had audiences laughing, crying, and saying “omg, me too!”, *Alistair Izobell* brings his raw, real, and ridiculously funny one-man show *WTF WAS THAT?* to **Worcester**, **Port Elizabeth** and **George** this winter – and trust us, you don’t want to miss it.

With over 40 years of experience as a performer, producer, and entertainer, *Alistair* strips away the spotlight to reveal something far more personal: a bold, brutally honest, and laugh-out-loud look at what it really means to grow older – and grow through it.

It’s therapy through storytelling, delivered with sharp wit, heartfelt honesty, and the unmistakable flair of a showbiz legend.

#### SHOW DATES & TICKETS:

##### Worcester

Date: 27 & 28 June  
Venue: Die Kleintheater  
Tickets: 082 859 6405 - Neville

##### Port Elizabeth

Date: 11 July 2025  
Venue: The Savoy Theatre  
Tickets: Webtickets

##### George

Dates: 25 & 26 July 2025  
Venue: The George Arts Theatre  
Tickets: George Arts Theatre

##### Prefer to book directly?

Email: [aip@alistairizobell.co.za](mailto:aip@alistairizobell.co.za)  
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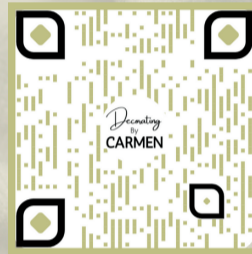
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## HEART FM HITS THE ROAD FOR 16 DAYS FOR YOUTH — WITH POWERFUL PARTNERSHIPS AND REAL IMPACT



### How You Can Help

Listeners, businesses, and everyday citizens are invited to get involved — by donating, volunteering, or simply amplifying the stories of these local heroes.

### To Find Out More or Support the Campaign:

✉ [cassidy@heartfm.co.za](mailto:cassidy@heartfm.co.za)

☎ 083 7477 994

#16DaysForYouth | #HeartFM | #YouthMatters



**“16 Days for Youth is more than a campaign — it’s a heartfelt journey into the soul of our communities.”**

— Renee Redelinghuys, Managing Director at Heart FM

### Cape Town, 01 June 2025

Heart FM’s annual **16 Days for Youth** campaign is back on the road, stronger than ever and packed with purpose. Now in full stride, this heartfelt initiative travels through Cape Town and surrounding areas for 16 consecutive days, offering direct support to youth-focused organisations that are quietly — and powerfully — transforming lives.

What started as a grassroots outreach effort has grown into a full-force campaign of action, made possible by a growing network of committed partners: **FoodForward SA**, **My JiVE**, **My Hood**, and **The Community Chest of the Western Cape**.

Together, they’re helping deliver immediate relief and long-term change to some of the province’s most under-resourced communities — not just with words, but with food, infrastructure, care, and connection.

### Feeding, Supporting, and Sustaining Local Change

**FoodForward SA** plays a crucial role this year, ensuring that every child visited during the campaign receives a nutritious meal. For many, this is more than just food — it’s dignity, security, and a reason to smile.

**My JiVE, My Hood** is taking a hyper-local approach, addressing each organisation’s unique needs — from supplies to structural improvements. They’ve identified five standout organisations for focused support:

- **Bright Stars Safe Home**
- **Dews of Quietness**
- **Butterfly House**
- **Stepping Stones Children’s Centre**
- **Community Action Partnership (CAP)**

This tailored, flexible model reflects **JiVE’s** deep commitment to meaningful, community-driven investment.

**The Community Chest of the Western Cape** brings strategic support and development expertise, working to strengthen and sustain the efforts of grassroots changemakers through resources, mentorship, and long-term planning.

### Shining a Light on Community Heroes

At the heart of *16 Days for Youth* are the people and places doing quiet but extraordinary work. Among this year’s featured organisations:

- **Dews of Quietness**, founded by *Moeriedah Dien*, provides shelter and trauma recovery for women and children impacted by domestic abuse and addiction.
- **Stepping Stones Children’s Centre** offers anti-bias early childhood education and care to children aged 3–6, creating a space for inclusion and early empowerment.
- **Bright Stars Safe Home** in Kraaifontein provides a nurturing refuge for vulnerable children, offering holistic care and emotional safety.
- **Butterfly House** serves as a vital support hub, delivering meals, hygiene access, school resources, and community programmes to children and families in crisis.
- **Community Action Partnership (CAP)** focuses on youth leadership and rural education, helping unlock confidence and capacity in young people through transformative learning.
- **I Can Academy** is another standout, inspiring young people through mentorship, education, and skill-building — lighting the way for tomorrow’s leaders.

# CAPE TOWN'S *Hottest Line-Up*



**heart**   
**FM**  
cape town's beat

A WARM BOWL, A WARMER HEART

**FEEDING HOPE IN PIKETBERG: IZOBELLS HELPING HANDS HOSTS LOCAL SOUP DRIVE**



**IZOBELLS HELPING HANDS**

N P C

"Your hands in the darkest moments — until hope finds its light."

**TO LEARN MORE OR GET INVOLVED:**

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Email: [aip@alistairizobell.co.za](mailto:aip@alistairizobell.co.za)

Website: [www.alistairizobell.co.za](http://www.alistairizobell.co.za)

In Piketberg, a recent **Soup Drive** brought warmth and nourishment to many families and individuals facing hunger and hardship. Sponsored by **Izobells Helping Hands NPC**, the event was organized and carried out by **Zaida Abrahams and her dedicated team**, who prepared and distributed meals on behalf of the organization.

Although **Izobells Helping Hands** founder *Alistair* was out of the country during the drive, he expressed his strong support:

*"We believe no one should go to bed hungry. While I couldn't be there in person, I'm proud of Zaida and her team for stepping up and making a real difference. This drive is just one way we show up for our people, and we'll keep doing it as long as we're able."*

This Soup Drive was more than just providing food—it was an act of care and solidarity within the community. And with ongoing support from generous donors and volunteers, **Izobells Helping Hands** aims to continue making a meaningful impact.

**DONATION BANKING DETAILS:**

Bank: FNB

Account Name: **IZOBELLS HELPING HANDS**

Account Number: 63151857960

Branch Code: 250655

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